

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lyle Eckstein

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:26:21

PACE 10:46/km

OVERALL 84 of 166

**GENDER** 50 of 78

**OPEN** 29 of 40

23 June 2019, Sun

Date



BoutTime